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ABSTRACT

In the past decade, family therapy has evolved from a loosely defined aggregate of approaches to a mature field with codified schools of theoretical systems and concepts. This book draws together theories and techniques from these various schools and combines them with specific clinical approaches in a single comprehensive resource. This textbook presents the current body of theoretical knowledge in the field along with the latest practical applications for working with couples and families. The book is divided into six major sections: (1) Family Therapy: Theory and Techniques; (2) Family Assessment; (3) Family Therapy with Children and Adolescents; (4) Marital Therapy; (5) Family Therapy with Different Disorders; and (6) Research in Family and Marital Therapy. Most sections begin with overview chapters to lay the groundwork for clinical applications. (GCP)

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